

Thank You To All Our Supporters

Our supporters have helped us in so many different ways in 2018

Our Fundraising Heroes have walked, jogged, run, cycled, and done some other amazing things all in aid of the PTC and in doing so have raised a fantastic £16,558.90

Our Ambassadors have helped out at talks to new recruits, pre-retirement seminars and wellbeing events, helping us sign up more donors to the charity.

Others have supported us through our charity lottery, and no less than 1573 of you have enjoyed a weekend's bed and breakfast at one, or both, of our two centres.

And we would like to say a very big **THANK YOU** to you all.

To find out more about our year, read the full article here:

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We Celebrate 500 Winners!



We're looking forward to our Fabulous 500 Lottery draw on 28th December when we give away an additional five prizes of £100 to celebrate reaching the milestone of 500 winners!

Entries for this draw closed on 30th November but don't worry if you've missed it - we draw the lottery every month with special draws twice a year and you can join anytime. Here are some pics of a few of our 500 winners.

The lottery remains a fun and simple way for anyone over 16 to support us – be it members of the police family, friends or relatives. You can help provide vital extra funds and at the same time give yourself the chance to win!

Join the lottery online by clicking the link below or ring the hotline on 0370 058 5957 (local call rate).

[Sign Up Now!](#)

Our Second Ambassadors Event

On Friday 2nd November 2018 St Andrews hosted our second ever 'Ambassadors Event'.

Our Ambassadors are serving and retired officers who volunteer a small amount of their time to help promote the work of the PTC and also St. George's Police Children Trust.

Our ambassadors had the chance to catch up with one another and exchange experiences but were also provided with information on some recent changes to the charities, some good news stories and some up to date force profiles for 2018. This is vital when they are promoting the work of SGPCT and PTC within their forces.

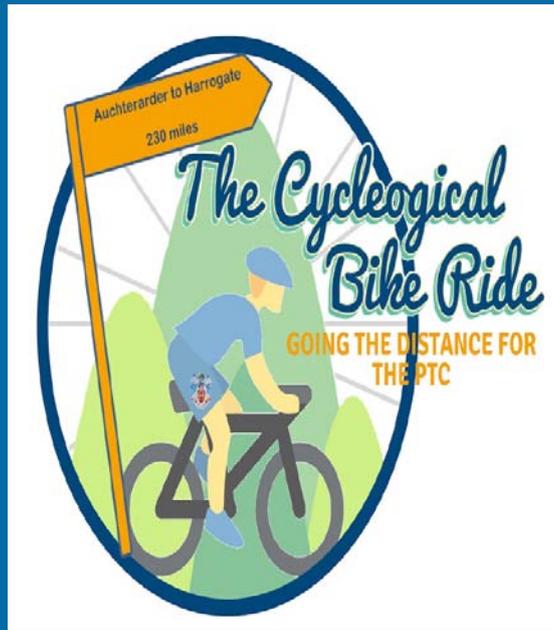
We would like to take this opportunity to publicly thank all of our ambassadors for their continued support and we will be in touch next year with even more ways that you can help!

To read more about our Ambassadors just follow the link:

[Read More](#)



The Cycleological Bike Ride Going the Distance for the PTC



On 22nd June 2019, 23 riders representing our 23 forces will take on 230 miles in 24 hours all in support of the PTC Psychological Wellbeing Programme.

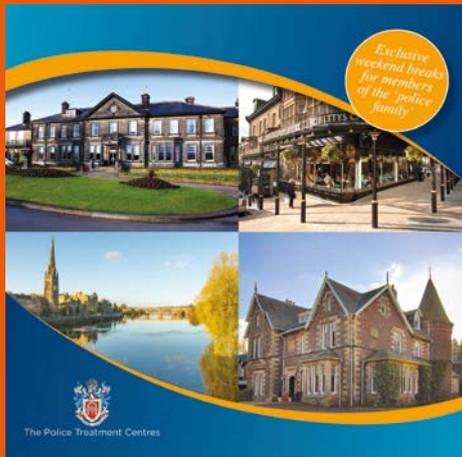
The Cycleological Bike Ride will start at our Centre in Auchterarder and take in the scenery all the way to our Centre in Harrogate.

The PTC is seeing an increasing need for Wellbeing Support and we feel it is our responsibility to meet this need, so the money raised from this amazing challenge will be used to support the expansion of our Psychological Wellbeing Programme.

To find out more about this event just follow the link.

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Important Dates For The Diary



Since opening bookings for 2019 on 1st October sales have already been brisk!

A visit to either Centre can be recommended any time of year but in 2019 there are some special sporting events to look out for!

At Harrogate there is, of course, Le Tour de Yorkshire on the 3rd to 5th May. This event takes place across Yorkshire but the 14Km Harrogate Town Centre circuit passes very close by our St. Andrew's centre.

In Auchterarder there is the Solheim Cup taking place on the 9th to 15th September at near-by Gleneagles. The best women golfers from Europe and USA will go head-to-head in the most exciting, competitive format in the sport.

So don't delay, book today!

2019 Room rates

£120 Double/Twin or £100 Single – Friday & Saturday nights inclusive

T&C's apply.

To find out more about our B&B offers or to book a room just follow the link.

[Book B&B Online](#)

Have you Booked Your Place Yet?

Back for a 3rd year the Back on the Beat Cycle Sportive on Sunday 12th May is open for entries!

With a third intermediate route added this year for those wanting more mileage but not sure about the 100km route, and the return of our

'Fundraising Hero' initiative we are expecting places to fill quickly.

But of course the event isn't just about raising heartrates. Thanks to fantastic fundraising supportive sponsors the event has raised almost £18,000 for the charity. You can support your Police Charity through the BOTB19 by signing up as a Fundraising Hero! You can take part in any distance, and by pledging to raise a minimum of £100 you get FREE entry!

If you raise over £500, you will also receive free accommodation at the Police Treatment Centres, St Andrews, Harrogate on Friday 10th & Saturday 11th May 2019.

To find out more about taking part view the full article.



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Manchester Success for Our Fantastic Five

Our fantastic five fundraising Heroes completed the Manchester ½ Marathon on a very wet Sunday morning in October!

Despite the heavy rain several of our fundraisers completed the course in personal best times, and all completed it with a smile on their faces.



All of our fundraisers received a free charity place into the Marathon and committed to raising at least £100 each for the PTC. So far the team have raised an amazing £1,392.34...with more donations to come in. This is an amazing achievement and everyone at the PTC would like to thank them for their outstanding efforts.

If you would like to take part in a challenge for the PTC click the link to find out more and keep an eye out on our facebook page for exciting opportunities in 2019!

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"I am far more mobile / flexible and better educated on how to deal with my injury and stress levels. I also know what to continue to do, with confidence, that I am heading in the correct direction. Staff at the Centre: from the cleaning, nursing, reception, physio and indeed anyone you meet are all genuinely friendly and obviously enjoy what they do." (patient feedback)



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